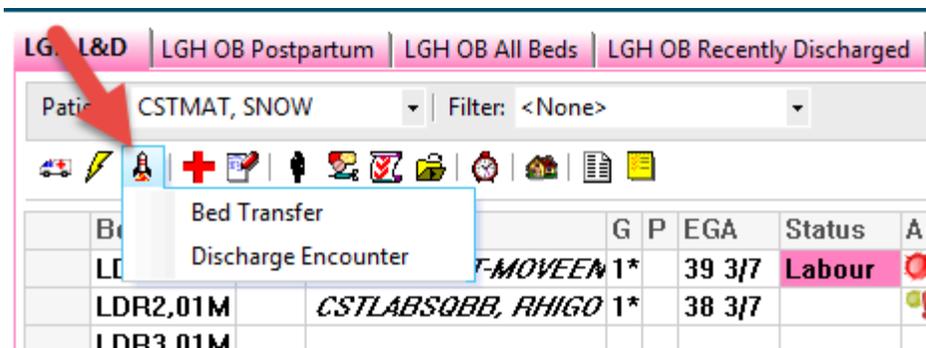


## Maternity – Document Immediate Post-op C-Section

This document details the documentation that occurs immediately post C-section delivery, when the mother is recovered on the Maternity ward.

### Transfer the Patient

1. Transfer Patient from the OR (Operating Room) to appropriate location via Conversation Launcher. If Patient is on the Labour and Delivery OR, transfer patient using the rocket ship icon on the Tracking shell (Bed Transfer).



### Powerplans

2. Discontinue the Pre- Operative phase of the **OB Cesarean Section - Pre- Operative (Multiphase) Powerplan** if not already done so by the Provider. Do not discontinue the Lab phase.
3. Initiate **ANES Postpartum Intrathecal/Epidural Opioid** and **OB Postpartum Cesarean Section (Multiphase), Post Operative** Powerplans.

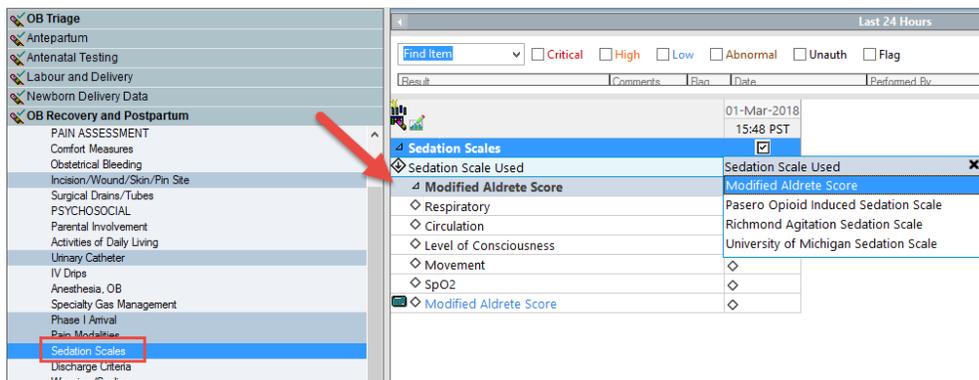
**NOTE:** Do not initiate the Pain and Symptom Management Phase of the **OB Postpartum Cesarean Section (Multiphase), Post Operative Powerplan** until after the Anesthesiologist orders have expired as per site policy.

### Documentation in IView

4. In interactive View and I&O (iView), click on the OB Recovery and Postpartum Band
5. Click on the Phase 1 Arrival Section and document as applicable
6. Document vital signs in the Vital Signs Section under the OB Recovery and Postpartum Band
7. Document on Sedation in Sedation Scales in the Pasero Opioid Induced Sedation Scale

8. Continue further documentation in the OB Recovery Postpartum Band and chart in applicable sections eg Pain Modalities, Postpartum, Obstetrical Bleeding etc
9. When a patient is ready for discharge from the Postoperative Recovery area, calculate her discharge readiness by documenting in the Modified Aldrete Score (in the Sedation Scales section) as well as in the Discharge Criteria Section.

The Modified Aldrete Score and the Discharge Criteria Score both have score calculators . Double click in the cell to calculate the scores. Refer to the reference texts (by clicking on the blue reference text) to view the scores for discharge readiness.



### Aldrete, Modified, Score

Reference

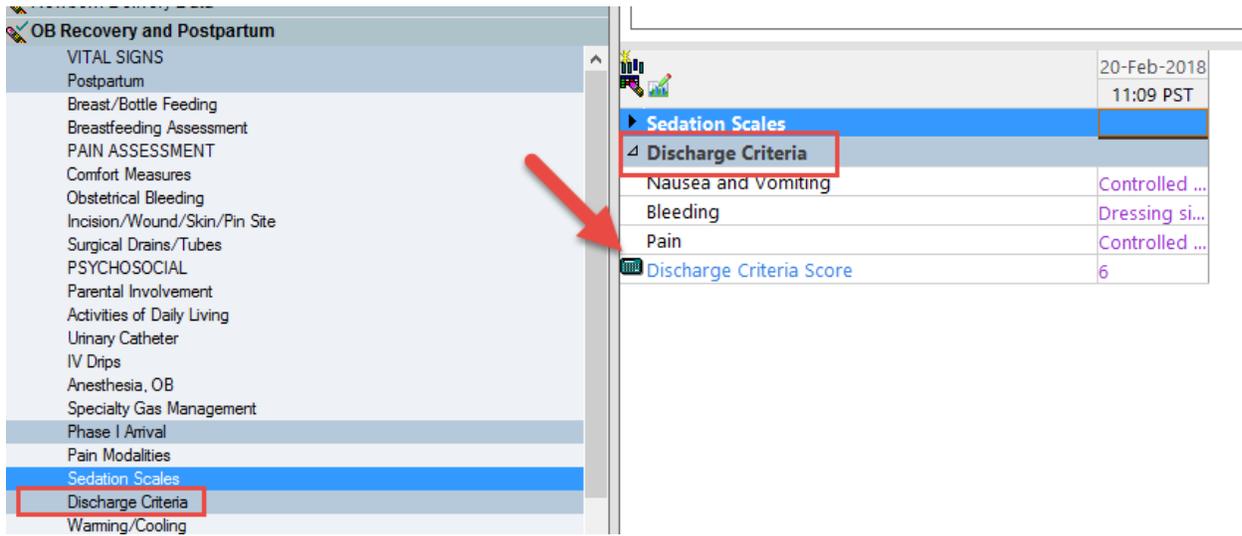
[Aldrete, Modified, Score](#)

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#### Modified Aldrete scoring system (NAPAN, 2014)

Category	Description of Status	Aldrete score
Respirations	Able to deep breathe and cough freely	2
	Dyspnea or limited breathing	1
	Apneic	0
O <sub>2</sub> Saturation	Able to maintain O <sub>2</sub> saturation > 92% on room air	2
	Requires supplemental O <sub>2</sub> to maintain SpO <sub>2</sub> > 90%	1
	O <sub>2</sub> saturation < 90% even with supplemental O <sub>2</sub>	0
Circulation	BP +/- 20% pre-op value	2
	BP +/- 20-50% pre-op value	1
	BP +/- > 50% pre-op value	0
Level of Consciousness	Awake and oriented	2
	Wakens with stimulation	1
	Not responding	0
Movement	Moves 4 limbs on own	2
	Moves 2 limbs on own	1
	Moves 0 limbs on own	0

**Discharge Criteria from One to One Monitoring:**  
 The score for **Respirations** must be **2**.  
 The score for **O<sub>2</sub> saturation** must be **1 or greater**.  
 The **TOTAL score** for criteria 1-5 must be **8 or greater**.



**OB Recovery and Postpartum**

- VITAL SIGNS
- Postpartum
- Breast/Bottle Feeding
- Breastfeeding Assessment
- PAIN ASSESSMENT
- Comfort Measures
- Obstetrical Bleeding
- Incision/Wound/Skin/Pin Site
- Surgical Drains/Tubes
- PSYCHOSOCIAL
- Parental Involvement
- Activities of Daily Living
- Urinary Catheter
- IV Drips
- Anesthesia, OB
- Specialty Gas Management
- Phase I Arrival
- Pain Modalities
- Sedation Scales
- Discharge Criteria**
- Warming/Cooling

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▶ Sedation Scales	
▾ Discharge Criteria	
Nausea and Vomiting	Controlled ...
Bleeding	Dressing si...
Pain	Controlled ...
Discharge Criteria Score	6

## Discharge Criteria Score

Reference

Discharge Criteria Score

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Parameter	Description of Status	Score
Nausea and Vomiting	Controlled nausea/vomiting	2
	Further treatment required	1
	Uncontrolled nausea/vomiting	0
Bleeding	Dressing site dry and clean	2
	Hematoma present but not growing	1
	Increasing area of bleeding	0
Pain	Controlled pain	2
	Further treatment required	1
	Uncontrolled pain	0

**Discharge Criteria: Minimum score of 10 in Modified Aldrete with a score of 13/16 in Modified Aldrete and Discharge Criteria.**

## Document Handoff

1. Document Handoff in Shift Report/Handoff tool and Transfer/Transport Section if appropriate.

## Transfer

1. Transfer Patient to the appropriate location/bed using Conversation Launcher.